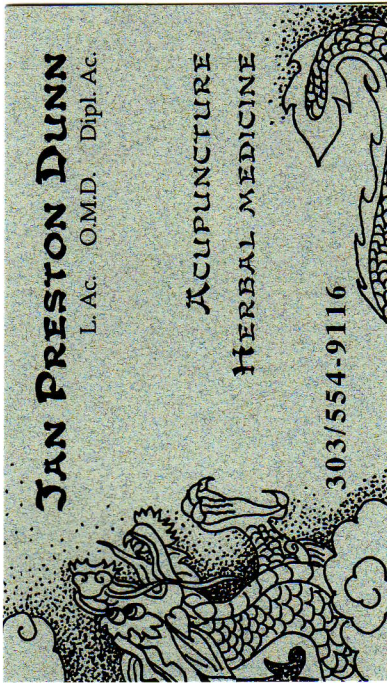


HEALTH IS ABOUT BALANCE



Hi!!!!!! My name is **Jan Preston Dunn**. I have been a licensed acupuncturist and herbalist for 18 years and am currently a clinic supervisor at Southwest Acupuncture College and Colorado School of Traditional Chinese Medicine. I also participate as an examiner for the National Certification Commission for Acupuncture and Oriental Medicine, assisting students to become licensed acupuncture practitioners.

I enjoy helping people with a variety of health issues ranging from musculo-skeletal aches and pain, headaches, insomnia, stress-related disorders, sinus congestion, PMS and menstrual irregularities, menopausal complaints, digestive disorders, and allergies.

Acupuncture, Oriental massage, Qi Gong healing techniques, and Chinese herbs are the basis of my treatment approach. However, I always spend extra time with my clients in order to determine the **source** of their health problems. We then work together as a team to modify those factors, such as poor diet, inadequate exercise, stress levels, etc., which are contributing to their current manifestation of "disease". I have found that when my patients learn to heed their bodies' distress signals and respond appropriately with what their body needs, they learn to achieve that balance that brings health, well-being, harmony, and joyful living.

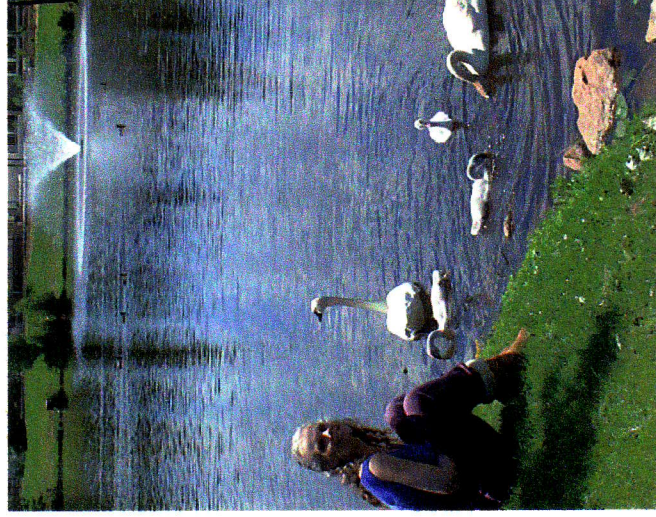
For an appointment, call (303) 554-9116

Hello!!!! My name is Jan Preston Dunn. I am of Welsh, Scotch-Irish, English, Polish, Russian, and German descent. Since my ancestors came from such a variety of different countries, I draw from a multiplicity of different sources in my animal card readings.

I have loved animals ever since I can remember. As a child, I definitely preferred "Smokey the Bear" and "Flower Springwater", Bambi's skunk friend, to plastic "Barbie" dolls. From early encounters with chipmunks, deer, and bears in Sequoia National Park to vision quests in California and Bear Butte, South Dakota, I have always cherished the sacredness of Mother Earth and all of her creatures.

For the past 18 years, I have practiced Traditional Chinese Medicine. My animal empowerment readings are based on folklore from many different countries including N. America. Using cards, however, is traditionally a European form of divination which originated hundreds of years ago. These readings are not meant to replace individual dreams, encounters, and relationships with animals you may have, but they are a starting point in

your own personal journey of re-establishing your connection to other orders of life on this sacred planet we call earth.



I offer private sessions that help to put you in touch with your own "inner animals" which have chosen to teach you important lessons in this lifetime. These animals will become your friends

and humble role models, helping to deepen your connection to the natural world. During your reading, you will come to understand the lessons and overall pattern of your animals as they manifest in the six directions and in your life. Your reading will hopefully become a gateway to a lifetime of learning about the animals that have chosen to help you on your life's journey.

At a time when many governments are choosing to ignore the cries Mother Earth and her disappearing children in favor of war and destruction, we all need to remember our true priorities. Finding your animal teachers and honoring the ancient wisdom of your ancestors, who lived in closer connection with the earth, is a wonderful reunion of Spirit and friends. May you be filled with wisdom, and love and respect for Mother Earth, Her abundance, and all of her living creatures.

To schedule a reading or acupuncture treatment, please contact: Jan Preston Dunn at:
(303) 554-9116